

FEBRUARY 2019 INFANT LUNCH MENU 1130-0001

6-12 months

Monday

Tuesday

Wednesday

Thursday

Friday

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				Breast Milk or Iron-fortified formula Cheese Pizza Peas Bananas	
4	5	6	7	8	
Breast Milk or Iron-fortified formula Ground Chicken Breast Green Beans Peaches	Breast Milk or Iron-fortified formula Pinto Beans Peas Pears	Breast Milk or Iron-fortified formula Mozzarella Cheese Sticks cut Avocado Mixed Fruit	Breast Milk or Iron-fortified formula Homemade Mac & Cheese Yams Pears	Breast Milk or Iron-fortified formula Pinto Beans Green Beans Applesauce	
11	12	13	14	15	
Breast Milk or Iron-fortified formula Grilled Cheese(Provolone) Peas Peaches	Breast Milk or Iron-fortified formula Pinto Beans Green Beans Pears	Breast Milk or Iron-fortified formula Ground Turkey Breast Mashed Potatoes Applesauce	Breast Milk or Iron-fortified formula Homemade Mac&Cheese (Cheddar), Peas Banana	Breast Milk or Iron-fortified formula Cheese Pizza Cooked Carrots Grapes (cut)	
18	19	20	21	22	
Breast Milk or Iron-fortified formula Hot Turkey (cut) Broccoli Mixed Fruit	Breast Milk or Iron-fortified formula Mozzarella Cheese Sticks (cut), Peas Pears	Breast Milk or Iron-fortified formula Pinto Beans Yams Bananas	Breast Milk or Iron-fortified formula Cheese(Provolone) Sand. Green Beans Applesauce	Breast Milk or Iron-fortified formula Cheese Sandwich Peas Fruit Salad	
25	26	27	28		
Breast Milk or Iron-fortified formula Ground Chicken Breast Green Beans Mixed Fruit	Breast Milk or Iron-fortified formula Homemade Mac&Cheese Peas Peaches	Breast Milk or Iron-fortified formula Cheese (Provolone) Sandwich Baked Beans Mixed Fruit	Breast Milk or Iron-fortified formula Ground Chicken Breast Cooked Carrots Pears		

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ Iron FORMULA IS OFFERED

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.